

DONNYBROOK RECREATION CENTRE – MIXED VOLLEYBALL RULES

Unless otherwise stated in this document, FIVB rules shall apply.

Please remember that this is a social competition!

GENERAL

1. Players must be registered on the Team Nomination Form to play. (See Recreation Centre staff if unsure).
2. Fill-in players are allowed but must register their name on the fill-in sheet at the kiosk upon arrival. Any player that plays more than one-third of the fixtures must be put on the Team Nomination form.
3. A player must play one-third of the season's fixtures to be eligible to play in the finals.
4. A minimum of 2 male and 2 female are always required on court for each team.
5. Team lists may consist of up to 10 players. This includes 6 on-court players and 4 substitutes.
6. Teams can have a maximum of 6 players on the court at once and a minimum of 4. If a team has less than 4 players, the game will be forfeited
7. Only players listed on the scoresheet are eligible to play.
8. Players not in play should sit along the side of the court.
9. Appropriate active and shoes in accordance with the Centre's Stadium rules are required.
10. Compression pads may be worn for protection or support.
11. The team captain is responsible for the conduct and behaviour of the team.
12. A coin toss will be carried out before the game with the winner deciding side or serve and loser making the remaining choice.
13. Forfeit rule: If a team forfeits, a call must be made to the Donnybrook Recreation Centre before 3pm.
14. The Centre strongly recommends that you consult your doctor if you have any doubts whatsoever regarding your participation in any activities in the Centre.
15. Should any injured person require first aid, it should be brought to the attention of a Recreation Centre staff member for assistance. The Centre staff will call emergency services if they deem it necessary. Injured parties will be liable for any costs that may result.
16. Camera and video equipment are not to be used in the Centre unless prior written permission has been sought from the Centre Manager.
17. Players and spectators are required to observe the gym and facility rules.
18. All players must be a minimum age of 14 years of age.
19. All games will be self-refereed. If a decision cannot be made on a play, the point should be replayed.



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SCORING

20. The game is the best-of-three sets, with a set being the first team to 15 points with a lead of two points.
21. If the score in a set is 14-14, a final point will be played to decide the set winner.
22. If the not all sets are completed by the time limit, the “leading” team will be declared the winner.
23. A forfeit will result in 0-2 sets and 0-15 scoreline being recorded.
24. Winning a match is worth 2 points and winning a set is worth 1 point in the table standings.
25. No points will be awarded for a third set if the game result is decided in the first 2 sets.
26. Points can be scored by.
 - a. Landing the ball in the opponents court
 - b. The opposition causing a foul
 - c. The opposition receiving a penalty
27. The ball is in if it makes contact with the court floor or lines.
28. The ball is out if it touches completely outside the court lines or touches an object outside the court.
29. The ball is also out if it crosses underneath the net.
30. A hit is any contact on the ball by a player.
31. A team is entitled to a max of 3 hits (in addition to blocking) for returning the ball.
32. If two players touch the ball at the same time it is counted as 2 hits.
33. Any of the following will be called as a fault and result in the opposition winning the point:
 - a. Four consecutive hits by a team
 - b. Assisted Hit – use of a team-mate or any structure/object to hit the ball
 - c. Catch – the ball is caught or thrown, and does not rebound from the hit
 - d. Double Hit – a player hits the ball twice in succession/ two consecutive hits by the same player
34. A ball sent to opponents side must pass over the net, it cannot pass around the post.
35. The ball may touch the net while it passes over to the opposition side
36. A ball driven into the net may be recovered as long as it is within the 3 team hits.
37. Contact with the net by a player during the action of playing the ball is a fault
38. If the ball is driven into the net and causes it to touch an opponent will not result in a fault



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SERVING

39. If the serving team wins the point, the player that served continues serving.
40. If the receiving team wins the point, their team (including substitutes) rotates and serves the next point.
41. The starting formation dictates the rotational order of players and must be maintained through the set.
42. Players (and substitutes) must rotate and serve in the order that they line-up at the start of the set.
43. Service starts from the back-right of the court.
44. Each set starts with service by the team that did not serve first in the previous set.
45. Serve is performed from behind the base line and must be hit with one hand or any part of the arm.
46. A faulted serve (out of bounds or into the net) results in a point to the other team.

BLOCKING

47. Blocking is the action of players close to the net to intercept the ball coming from the opponent by reaching higher than the top of the net, regardless of the height of the ball contact. Only front-row players are permitted to complete a block, but at the moment of contact with the ball, a part of the body must be higher than the top of the net.
48. Consecutive contacts with the ball may occur by one or more blockers if the contacts are made during one action.
49. A blocking player may reach beyond the net as long as it does not interfere with the opponents play at the ball.
50. A block is not counted as a team hit.
51. The first hit after a block can be executed by any player, including the blocker.
52. Players cannot block a serve and will result in a fault against the blocker.
53. Teams switch sides after each set.



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